

# GaitON<sup>®</sup>

by auptimo



## Sitting Posture Analysis

**GaitON** is trusted by **300+ clinicians**  
globally for gait & posture analysis

**Is your center GaitON ready?**

# WORKFLOW

A 3 step process to complete a biomechanical assessment

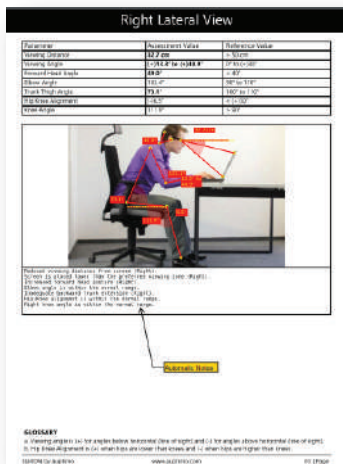


## 1. CAPTURE

Capture the patient's posture from multiple views using cameras.

## 2. ANALYZE

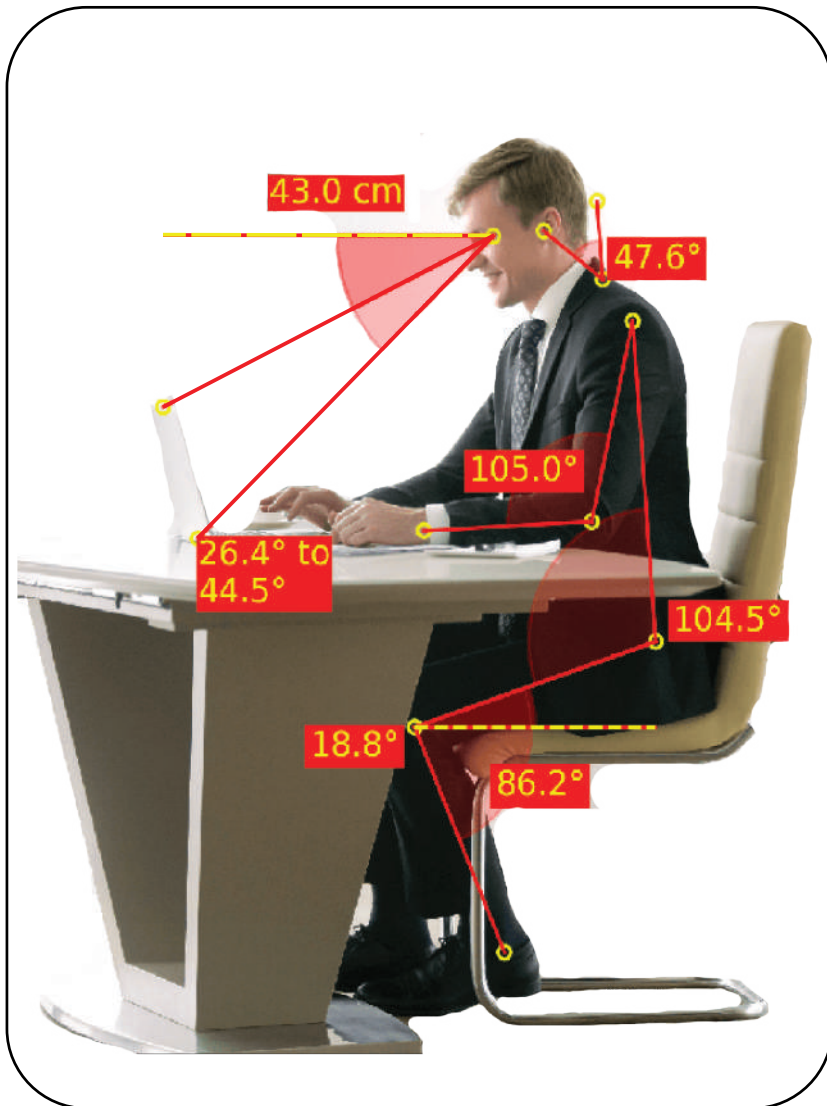
Analyse the posture using GaitON's inbuilt sitting protocol.



## 3. REPORT

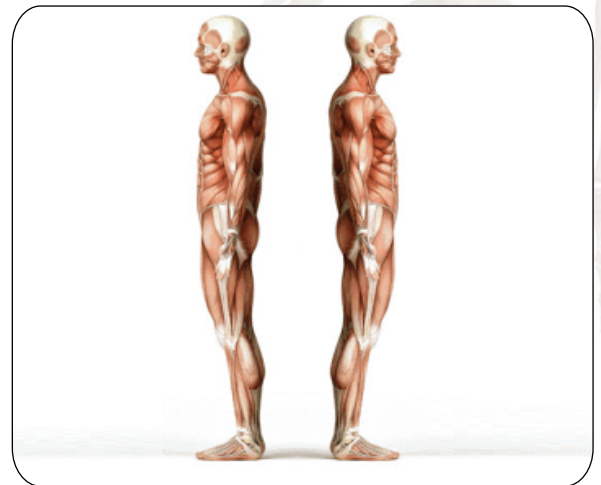
Export the analysis results to well organised and print ready reports.

# SITTING POSTURE ANALYSIS



GaitON's sitting posture analysis module performs a detailed ergonomic assessment in a few clicks & generates an organized report.

## VIEWS ANALYZED

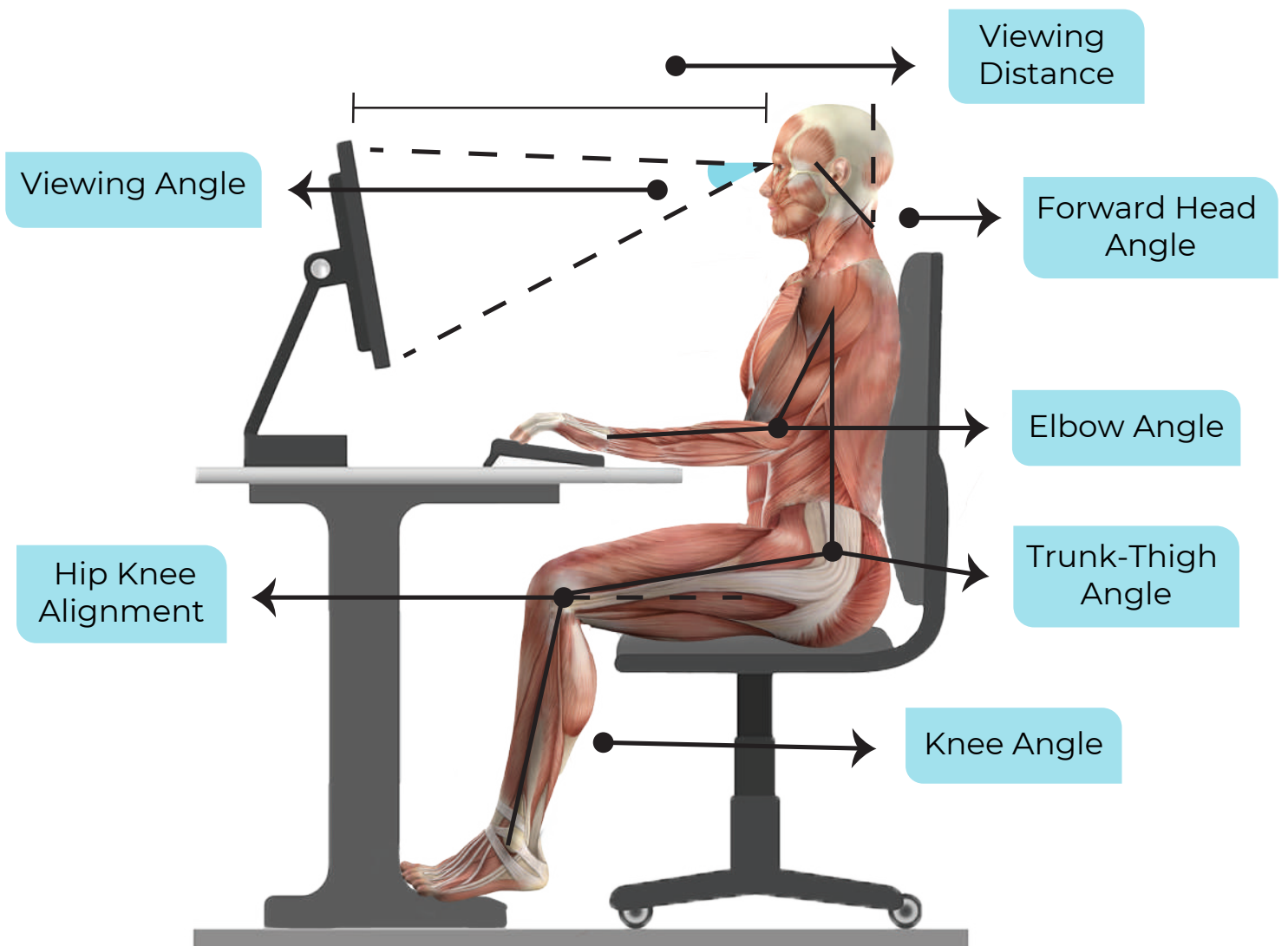


## LEFT AND RIGHT LATERAL VIEW

**TIME PER ANALYSIS**  
**5 MINUTES**

## KEY DATA MEASURED

GaitON's sitting module analyses the complete sitting posture from left and right lateral views.




# SITTING POSTURE REPORTS : KEY FEATURES

A detailed report highlighting **abnormal postural deviations** in table and angular form.

### Left Lateral View

Parameter	Assessment Value	Reference Value
Viewing Distance	34.4 cm	> 50 cm
Viewing Angle	(-)0.9° to (+)30.1°	0° to (+)30°
Forward Head Angle	47.9°	< 40°
Elbow Angle	129.2°	90° to 110°
Trunk-Thigh Angle	97.2°	100° to 110°
Hip Knee Alignment	(-)20.8°	< (+)10°
Knee Angle	110.3°	> 90°

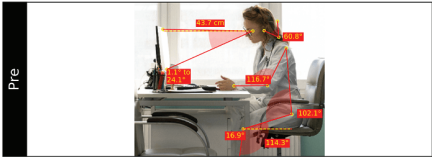


Reduced viewing distance from screen (Left).  
Screen is too large for this viewing distance and exceeds the preferred viewing zone (Left).  
Increased forward head posture (Left).  
Increased elbow extension (Left).  
Inadequate backward trunk extension (Left).  
Hip-Knee alignment is within the normal range.  
Left knee angle is within the normal range.

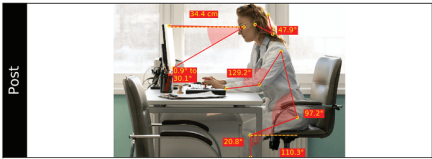
### Left Lateral View

Parameter	Pre	Post	Reference Value
Viewing Distance	43.7	34.4	> 50 cm
Viewing Angle	(-)31.1° to (+)24.1°	(-)0.9° to (+)30.1°	0° to (+)30°
Forward Head Angle	60.8°	47.9°	< 40°
Elbow Angle	116.7°	129.2°	90° to 110°
Trunk-Thigh Angle	105.1°	97.2°	100° to 110°
Hip Knee Alignment	(-)16.9°	(-)20.8°	< (+)10°
Knee Angle	114.3°	110.3°	> 90°

Pre



Post



**Pre-Post comparison** of posture.

### Report Summary

**Interpretation**

Reduced viewing distance from screen (Left).  
Screen is too large for this viewing distance and exceeds the preferred viewing zone (Left).  
Increased forward head posture (Left).  
Increased elbow extension (Left).  
Inadequate backward trunk extension (Left).  
\*Please correlate clinically.

**Automatic documentation** of all observations in the report.



## REFERENCES



Adidas



Indian Navy



BSF



Jamia Milia Islamia



Hawai'i Pacific University



SRM University



Amrita Hospital



Belle Vue Clinic



Col(Dr) Rana K Chengappa  
Sports Medicine & Ortho Rehab



Perfect Bounce



Delhi Foot



Sporting Ethos

GaitON<sup>®</sup>  
by auptimo

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